



Dan Benson
County Executive

April 2026

Site: Robbinsville Site Manager: Beth Rinyu Phone Number: 609-259-1567
The Nutrition Program continues to grow! To make room for all participants, reserve your spot ahead of time.
If you cannot join us, make sure you cancel your reservation. Thank you for your consideration.



Monday	Tuesday	Wednesday	Thursday	Friday
DAILY MEAL INCLUDES: MILK, BUTTER & HOT BEVERAGE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE		1 Standard: Eggplant Parmesan w/ Tomato Sauce & Cheese Cheese Tortellini w/ Pesto Sauteed Spinach Vegetarian: Mac & Cheese Broccoli JUICE ROSEMARY GARLIC DINNER ROLL VANILLA PUDDING	2 Standard: Ham w/ Pineapple Sauce Sweet Potato Chunks Broccoli Vegetarian: White Bean Cassoulet Barley Salad Buttered Zucchini LENTIL SOUP CORN MUFFIN OREO COOKIE	3 Nutrition Closed Good Friday
6 Standard: Beef Chili Rice Coleslaw Vegetarian: Autumn Veggie Sweet Potato Bowl Cannellini Beans Okra & Tomatoes Cheddar Cheese JUICE CORN MUFFIN RASPBERRY/CHERRY YOGURT	7 Standard: Pepperoni Pizza Broccoli Penne w/ Tomato Sauce Parmesan Rosmary/Garlic Dinner Roll Vegetarian: Mediterranean Ratatouille Quinoa & Bean Bowl Brown Rice WW Bread MINESTRONE SOUP CHOCOLATE PUDDING	8 Standard: Roast Beef w/ Gravy Mashed Potatoes Brussel Sprouts Vegetarian: Fettuccine Alfredo Carrots & Peas Mozz Cheese Stick JUICE ROMAINE SALAD w/ CROUTONS PARMESAN & CAESAR DRESSING WW DINNER ROLL FIG BAR	9 Standard: Chicken Fajita Peppers & Onions Cheddar Cheese Salsa (2)Flour Tortillas Chicken Rice Soup Vegetarian: Falafel Paddy Lemon Sauce Rice/Quinoa Tomato & Spinach Pita Bread Juice MARINATED BEET SALAD VANILLA/STRAWBERRY YOGURT	10 Standard: Chicken Francese Penne w/ Butter Italian Mixed Veg WW Bread French Onion Soup Vegetarian: Mediterranean Ratatouille Quinoa & Bean Bowl Brown Rice WW Bread Juice BANANA MUFFIN
13 Standard: Crab Cake w/ Tarter Sauce Mac & Cheese Stewed Tomatoes WW Hamburger Bun Vegetarian: Latin Chickpeas Barley Bowl Mixed Vegetables Cheddar Cheese Tortilla LENTIL SOUP MANDARIN ORANGE CUP	14 Standard: Roasted Pork w/ Gravy Mashed Potatoes Collard Greens Corn Muffin Vegetarian: 2 Falafel Patties w/Lemon Sauce Brown Rice/Quinoa Tomato & Spinach Pita Bread CREAM OF MUSHROOM SOUP APPLESAUCE	15 Standard: Sliced Turkey w/ Gravy Mashed Potatoes Brussel Sprouts Cranberry Sauce Vegetarian: Baked Ziti w/ Tom Sauce Mozzarella & Ricotta Parmesan Cauliflower & Cheese VEGETARIAN BUTTERNUT SOUP WW BREAD CELEBRATION CUPCAKE <i>Birthday Celebration Day!</i>	16 Standard: Salisbury Steak Brown Gravy Red Skinned Potatoes Green Beans Rye Bread Vegetarian: Fettuccine Alfredo Carrots & Peas WW Dinner Roll Mozzarella Cheese Stick JUICE ROMAINE SALAD w/ CROUTONS PARMESAN & CAESAR DRESSING PINEAPPLE CHUNKS	17 Standard: Turkey Pastrami Reuben Swiss Cheese Sauerkraut Potato Salad 1000 Island Dressing (2) Rye Bread Butternut Soup Vegetarian: Cheese Omelet Peppers Onions Ketchup Cinnamon Apple Muffin Juice FRESH APPLE SLICES
20 Standard: Chicken Pot Pie Sugar Snap Peas WW Bread Vegetarian: Egg Salad (2)Rye Bread Four Bean Salad TOMATO BASIL SOUP TROPICAL MIXED FRUIT	21 Standard: Potato Crusted Fish Tarter Sauce Butternut Chunks Brussel Sprouts Vegetarian: Autumn Veggie Sweet Potato Bowl Cannellini Beans Okra & Tomatoes Cheddar Cheese LENTIL SOUP WW DINNER ROLL CINNAMON APPLE MUFFIN	22 Standard: Beef Veg Stew Brown Rice Green Peas WW Dinner Roll Vegetarian: 2 Falafel Patties w/ Lemon Sauce Brown Rice/Quinoa Tomato & Spinach Pita Bread JUICE GARDEN SALAD w/ GRAPE TOMATOES RANCH DRESSING RASPBERRY/CHERRY YOGURT	23 Standard: Chicken Cutlet w/ American Cheese Red Skinned Potatoes WW Hamburger Bun Honey Mustard & Mayo Vegetarian: Mushroom Edamame Ragout Noodle Green Beans WW Dinner Roll CARROT RAISIN SALAD CORN CHOWDER APPLESAUCE	24 Standard / Vegetarian: FETTUCINI w/ ALFREDO SAUCE BROCCOLI WW DINNER ROLL MOZZARELLA CHEESE STICK JUICE GARDEN SALAD w/ RED ONION GRAPE TOMATOES & ITALIAN DRESSING OATMEAL RAISIN COOKIE
27 Standard: Hamburger w/ Am Cheese Hash Browns Coleslaw Vegetarian: Veggie Burger Black Bean & Tomato Cauliflower WW Hamburger Bun LETTUCE LEAF & TOMATO SLICE MAYO/MUSTARD/KETCHUP CORN CHOWDER FRUIT COCKTAIL	28 Standard: Chicken Tenders w/ Honey Mustard Carrots Mashed Potatoes Club Roll Vegetarian: Latin Chickpea Barley Bowl Mixed Vegetables Cheddar Cheese Tortilla CREAM OF MUSHROOM SOUP MARINATED BEET SALAD FIG BAR	29 Standard: Tuna Salad Mayo Coleslaw Beef Barley Soup (2)Rye Bread Vegetarian: Black Bean Chili Cheddar Cheese Brown Rice Broccoli Corn Muffin Juice CHOCOLATE CHIP COOKIE	30 Standard: Italian Sausage w/Tomato Sauce Sautéed Peppers & Onions Club Roll Vegetarian: Eggplant Parmesan & Cheese Protein Pasta Carrots & Kale WW Dinner Roll MINESTRONE SOUP PASTA SALAD & PARMESAN CHOC PUDDING	

Site Activities
<u>East Windsor</u> 4/8/2026 "Unclaimed Property" Lori Jones, NJ Treasury
<u>Hamilton</u> 4/9/2026 "Estate Planning" Adam Lipps, Central Jersey Legal Services
<u>Hopewell</u> 4/15/2026 "Five Wishes Overview" Paul Knight, Five Wishes
<u>Ewing</u> 4/16/2026 "Senior Medicare Patrol" Charles Clarkson, Jewish Family Services
<u>Ewing</u> 4/17/2026 "Nutrition Tips" Donna Hunter Mercer County Nutrition
<u>East Windsor</u> 4/22/2026 "Healthy Outlooks" Lisa Kauffman Mercer Council on Alcoholism and Drug Addiction